

Bédard Hair Grafting Clinic

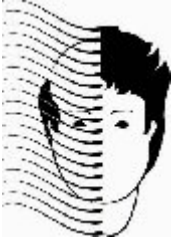
PRE OPERATIVE INSTRUCTIONS Hair Transplant

2 weeks before	NO vaccination.
15 days before	NO anti-inflammatory, NO aspirin (see list)
7 days before	NO vitamin E (tablets), marijuana or drugs of any kind
48 hours before	NO alcohol.
The day before	Wash your hair (or the morning of surgery).

Day of surgery:

Clothing	We recommend roomy sweaters or shirt, adjustable hat, cap or beret. NO tight sweater or pullover NO tight hat or cap.
Food	Eat normally before coming to the Clinic. DO NOT come on an empty stomach. Avoid any fatty foods.
Hair piece	If you plan to wear your hair piece after surgery, keep in mind that you will not be allowed to use adhesive tape either on the donor or the recipient area. We recommend clips which should be installed prior to surgery.
Driving	You should not drive your car immediately after the surgical procedure. Someone should accompany you.

The day of the surgery, you will have to sign a consent like the exemple below :



Bedard Hair Grafting Clinic

CONSENT
to examinations, treatments and surgery

(YOUR NAME)

I hereby authorize **(SURGEON'S NAME)** to perform a hair transplant.

The nature of this act, the anticipated results, the risks that it implies as well as the limitations, were clearly explained to me. I am satisfied with the explanations that I received and I understand them well.

I am well aware that the practice of medicine and that of surgery is not an exact science and therefore the results of a surgery of this nature cannot be guaranteed.

Date : _____

Signature : _____

Witness: _____

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Medication TO AVOID 15 days prior to surgery.

Acethopen	Dristan	Norwich
Alka-Seltzer	Easpirin	Ornex
A.P.O. – A.S.A.	Ecotrin	P-A-C
Arthralgen	Edrisal	Pabalate
A.S.A.	Empiral	Pepto-Bismol
A.S.A. composé	Empirin	Percodan
Asasantine	Endodan	Persistin
Asaphen	Entrophen	Phenacetin
Ascriptin	217, 222, 282 –Mep	Phenaphen
Aspergum	292, 283, 293, 294	Plavix
Aspirin	Equagesic	Proposyphene
Aspirin pour enfants	Excedrin	Robaxisal
Bayer Aspirin	Fiorinal	Roxiprin
BC poudre	Fiortal	Salflex
Buff-A comp.	Gelpirin	Salt-Adult
Bufferin	Goody's	Salt-Infant
Butabital	Halfprin	Sigmagen
Butazolidin *	Indocid	Sine-Off
Carisoprodol	Instantine	Soma préparation
Cordex	Lortab	Synalogs-DC
Coricidin	Magsal	Talwin
Coriphen-Codéine	Methocarbamol	Tetrex A.P.C.
Daprisal	Midol	Trigesic
Darvon comp. *	Mobigesic	Trilisate
Darvon w/A.S.A.	Mono-gesic	Vanquish
Decagesic	Norgesic	YSP
Disalcid	Novasen	Zacatrin
Doan	Novahistine w/APC	

Anti-inflammatories:

Advil	Feldene	Naprelan
Aleve	Haltran	Naprosyn
Anaprox	Ibuprofen	Nuprin
Arthrotec	Indocid	Orudis KT
Cataflam	Lodine	Pediacare
Clinoril	Midol	Sine-Aid IB
Daypro	Motrin	
Dolobid	Nalfon	
Duract		

All nasal decongestants

Gualacolate Glycerol: present in a large number of cough syrup medications; it can contribute to bleeding.

*not derived from aspirin, but may contribute to bleeding.

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Natural products and others TO BE AVOIDED 7 days prior to surgery

Could increase bleeding:

Garlic	Grapefruit juice
Camomille	Nicotine patch
Ginger	Cayenne pepper
Gingko biloba	Selenium
Ginseng	Vitamin E
Echinacea	

Could intensify the effects of anesthesia:

St-John's wort
Yohimbe
Melatonin